Family Night at McShin

Every Wednesday night at 5:15pm in the fellowship hall there is a Family Dinner where families and friends are invited to come eat with their loved ones at The McShin Foundation. Dinner tickets are $7 and proceeds benefit Hatcher Memorial Baptist Church.

Every Wednesday at 6pm there is a Community Meeting where the McShin participants, their loved ones, and the community come together in the chapel on the 2nd floor at McShin to hear about upcoming events, what has been going on in the organization and to hear the occasional guest speaker.

A Family Education Group is offered every Wednesday at 6:45pm on the 3rd floor of The McShin Foundation. Facilitated by Moses Wright, CSAC (Certified Substance Abuse Counselor), McShin's Family Education Group helps people with a family member or loved one with a Substance Use Disorder work on their own recovery, learn tools for establishing healthy boundaries, effective communication, and gain information about the family recovery process.

Families Anonymous (FA) takes place every Wednesday at 7:00pm in the Chapel on the 2nd floor of The McShin Foundation. FA is a 12-step fellowship for the families and friends of those individuals with a Substance Use Disorder.

www.familiesanonymous.org

Please follow The McShin Foundation on Facebook and/or visit our website (www.mcshin.org) to stay up to date on events happening within the community. All of our events are open to family and loved ones!

Resources for Families

Nar-Anon, known officially as "Nar-Anon Family Groups," is a 12-step program for friends and family members of those who are affected by someone else's addiction. There is a weekly Nar-Anon meeting on the 3rd floor of McShin every Monday evening at 7 PM.

www.nar-anon.org

Al-Anon is 12-step fellowship for people whose lives have been affected by someone else’s drinking. By sharing common experiences and applying the Al-Anon principles, families and friends of alcoholics can bring positive changes to their individual situations, whether or not the alcoholic admits the existence of a drinking problem or seeks help.

www.al-anon.org
www.alanonrichmond.org

GRAPLE is grief recovery support group for people who have lost a loved one to Substance Use Disorders or addiction. Founded and facilitated by Tracy Grow, who lost her son to an overdose, GRAPLE provides people with resources, a listening ear, and people who understand what they are going through. GRAPLE meetings occur weekly on Tuesdays at 7 PM on the 3rd floor of The McShin Foundation.

graplerva@gmail.com