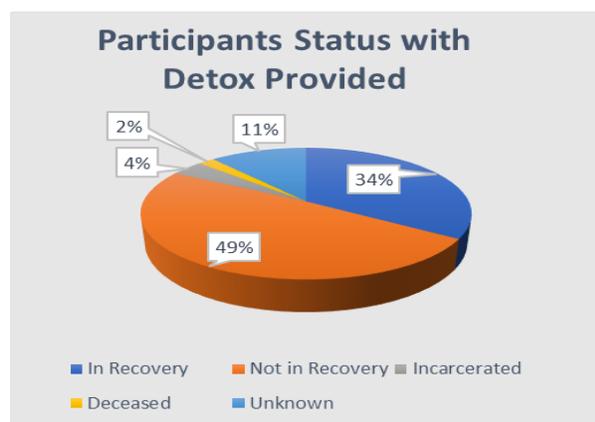


McShin Detox Linkage

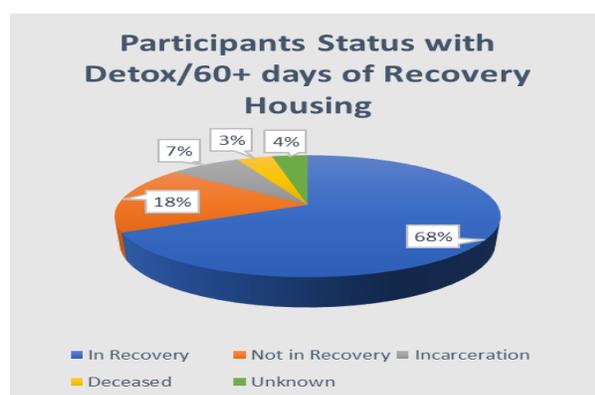
Data for Participants

April-November 2017

The McShin Foundation supports a medication-assisted detox taper, which can last 5-21 days, depending on the substance(s) the person was using. We link participants to individually catered detox plans at the care of a top local American Society of Addiction Medicine (ASAM) certified Doctor who specializes in general and addiction psychiatry. There are several detox scenarios; i.e. Alcohol, Opioids, Benzodiazepines, and a Complex detox for persons abusing 2 or more substances. Research shows that detox alone is insufficient for most people to stay clean, because it only addresses the physical component of addiction. Recovery housing, coupled with a community network and authentic peer to peer recovery support, greatly increases a person's chances of achieving long-term recovery from substance abuse. Our data reflects this, as you can see from the graphs below.



These percentages reflect the total number of participants who received detox services as a part of their recovery plan. This includes those whose program participation was limited to detox with minimal recovery community support (less than 60 days in our recovery housing).



These percentages reflect the number of participants who received detox services, coupled with a stay of 60 days or more in our recovery housing, where they are exposed to authentic peer to peer recovery and a community of men and women learning how to live a clean and sober life.

“A study, funded by the federal government, compared Vivitrol, which comes in a monthly shot and blocks the effects of opioids, and Suboxone, which is taken daily in strips that dissolve on the tongue and contains a relatively mild opioid that helps minimize withdrawal symptoms and cravings. Researchers found that 52 percent of those who started on Vivitrol relapsed during the 24-week study, compared with 56 percent of those who started on Suboxone.”

-The New York Times